

Dear Doctor or Nurse,

Thank you for the review and management of our patient. They will require a dressing changes at weeks 1, 2 & 3. Our patient is also aware that in summer, more frequent dressing changes may be required if she gets hot or sweaty to prevent infection (e.g., she may require 2 dressing changes per week instead of 1).

Dressing change instructions: Please ensure Aseptic Non-Touch Technique (ANTT) throughout:

1. Please remove old dressings; keep in mind the altered sensation and swelling can cause discomfort to the patient.
2. Cleanse incision with chlorhexidine 0.05% solution wiping away old blood or ooze. (the patient may still have pen mark present if appropriate it can be cleaned off.
3. With the patient's phone please take photos of the incisions for them to send into clinic to monitor the healing process.
4. In the event of wound compromise, suspected infection please perform wound swabs and commence ABs if required.
5. If incisions look to be healing to your satisfaction, please dress with steri-strips to all incisions and then cover over steri-strips with an oppsite island style dressing (waterproof) After your patient's last scheduled dressing change, she should refer to her postop instructions for further information.

Example of dressing placement for Abdominoplasty (if required):

Step 1-> Steri-strips applied



Step 2-> Oppsite dressing applied



Thank you for your review of Dr Chinsee's patient.

Kindest Regards,

Samantha Duncan | Registered Nurse

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