

INÍGO

COSMETIC

Dear Doctor or Nurse,

Thank you for the review of my patient.

My patient will require a dressing change once a week for three weeks – three dressing changes in total. My dressing change protocols are as follows:

- Remove all dressings
- Clean all incisions with chlorhexidine or betadine
- Use the patient's phone to take clinical images of the incision sites; she will email these through for my review
- Please provide the patient with your full name and practice details for our records
- If you suspect infection or anything else that you deem unusual, please perform a wound swab and commence ABs
- Sutures around the areola require removal at week 2
- There may be external suture knots placed laterally underneath one or both breasts – trim at the base at week 2
- All other sutures are dissolvable
- Dress with steristrips and cover with fixomull or hypafix

Dressings must be applied at all three appointments – this is non-negotiable as the internal layers of skin are not fully healed until 6 weeks postoperative and the outer layers require support.

After your patient's last scheduled dressing change, the patient should refer to the provided postoperative instructions for further information.

Example of dressing placement for full mastopexy (if required)



Step 1: Steri-strips



Step 2: Fixomull/hyafix

If you have any concerns, please contact my practice nurse on 1300 884 577.

Thank you for your review of my patient.

Kindest Regards,

Dr Ian Chinsee

MBBS FACCS